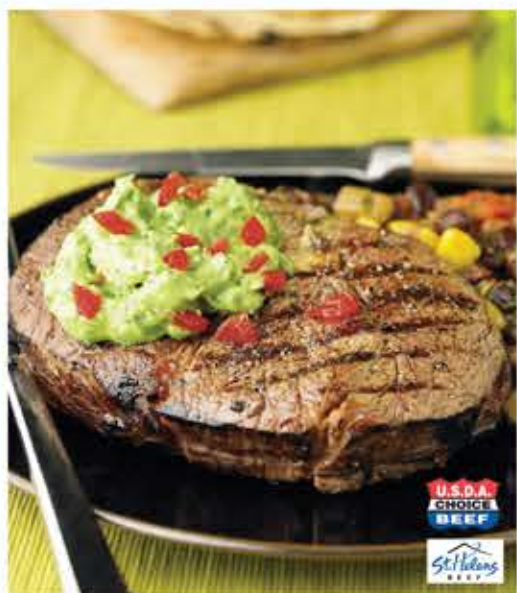


AD DATES EFFECTIVE JULY 12 -18, 2023

FRESH MEATS



Boneless Beef Cross Rib Steak
USDA Choice **4.29** lb.



Bone-In Pork Country Style Ribs **2.99** lb.



Draper Valley Farms Bone-In Half Chicken Breast
Northwest Grown Value Pack **1.99** lb.



Cosmic Crisp Apples
Northwest Grown **89¢** lb.



Golden Ripe Pineapples **89¢** lb.



On The Vine Tomatoes **1.29** lb.



Peeled Mini Carrots **2/\$3**
1-lb. Package



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FRESH PRODUCE



Red or Green Seedless Grapes **1.89** lb.



Extra Large Green Bell Peppers **69¢** ea.



Sweet & Juicy Nectarines **2.29** lb.



Russet Potatoes **2.49** ea.
5-lb. Bag



Zucchini Squash **1.29** lb.



D'Anjou Pears **1.29** lb.
Northwest Grown



Red, Ripe Whole Seedless Watermelon **59¢** lb.

THURS · FRI · SAT
JULY 13 - 15, 2023

Crav'n Flavor Cheese Crackers
Selected Vtys., 12.4-oz.
2/\$5



Planters Peanuts
Selected Vtys., 12 to 12.5-oz.
2.69



Gatorade Thirst Quencher
Selected Vtys., 28-oz.
3/\$4



Manwich Sloppy Joe Sauce
Original or Thick & Chunky
15 to 15.5-oz.
4/\$5



Hostess Multi-Pack Snack Cakes
Selected Vtys., 8 to 10-ct.
3.29



Hunt's Snack Pack Pudding Cups
Selected Vtys., 4-ct.
4/\$5



Folgers Ground Coffee
Selected Vtys., 22.6 to 25.9-oz.
7.99



General Mills Cheerios or Lucky Charms Cereal
Selected Vtys., 18 to 18.8-oz.
3.99



AD DATES EFFECTIVE JULY 12 -18, 2023

FRESH MEATS



 <p>Cosmic Crisp Apples Northwest Grown</p> <p>89¢ lb.</p>	 <p>Golden Ripe Pineapples</p> <p>89¢ lb.</p>
 <p>On The Vine Tomatoes</p> <p>1²⁹ lb.</p>	 <p>Peeled Mini Carrots 1-lb. Package</p> <p>2/\$3</p>
 <p>Russet Potatoes 5-lb. Bag</p> <p>2⁴⁹ ea.</p>	 <p>Zucchini Squash</p> <p>1²⁹ lb.</p>
 <p>D'Anjou Pears Northwest Grown</p> <p>1²⁹ lb.</p>	 <p>Red, Ripe Whole Seedless Watermelon</p> <p>59¢ lb.</p>



Boneless Beef Cross Rib Steak
USDA Choice

4²⁹ lb.



Bone-In Pork Country Style Ribs

2⁹⁹ lb.



Draper Valley Farms Chicken Leg Quarters
Value Pack, Northwest Grown

1⁹⁹ lb.



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FRESH PRODUCE



Red or Green Seedless Grapes

1⁸⁹ lb.



Extra Large Green Bell Peppers

69¢ ea.



Sweet & Juicy Nectarines

2²⁹ lb.

THURSDAY ONLY
JULY 13, 2023

Crav'n Flavor Cheese Crackers
Selected Vtys., 12.4-oz.

2/\$5



Planters Peanuts
Selected Vtys., 12 to 12.5-oz.

2⁶⁹



Gatorade Thirst Quencher
Selected Vtys., 28-oz.

3/\$4



Manwich Sloppy Joe Sauce
Original or Thick & Chunky
15 to 15.5-oz.

4/\$5



Hostess Multi-Pack Snack Cakes
Selected Vtys., 8 to 10-ct.

3²⁹



Hunt's Snack Pack Pudding Cups
Selected Vtys., 4-ct.

4/\$5



Folgers Ground Coffee
Selected Vtys., 22.6 to 25.9-oz.

7⁹⁹



General Mills Cheerios or Lucky Charms Cereal
Selected Vtys., 18 to 18.8-oz.

3⁹⁹



AD DATES EFFECTIVE JULY 12 -18, 2023

FRESH MEATS



Boneless Beef Cross Rib Steak
USDA Choice **4²⁹** lb.



Bone-In Pork Country Style Ribs **2⁹⁹** lb.



Draper Valley Farms Bone-In Half Chicken Breast Value Pack, Northwest Grown **1⁹⁹** lb.



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FRESH PRODUCE



Red or Green Seedless Grapes **1⁸⁹** lb.



Extra Large Green Bell Peppers **69¢** ea.



Sweet & Juicy Nectarines **2²⁹** lb.



Cosmic Crisp Apples Northwest Grown **89¢** lb.



Golden Ripe Pineapples **89¢** lb.



On The Vine Tomatoes **1²⁹** lb.



Peeled Mini Carrots 1-lb. Package **2/\$3**



Russet Potatoes 5-lb. Bag **2⁴⁹** ea.



Zucchini Squash **1²⁹** lb.



D'Anjou Pears Northwest Grown **1²⁹** lb.



Red, Ripe Whole Seedless Watermelon **59¢** lb.

FRIDAY ONLY
JULY 14, 2023

Crav'n Flavor Cheese Crackers
Selected Vtys., 12.4-oz.
2/\$5



Planters Peanuts
Selected Vtys., 12 to 12.5-oz.
2⁶⁹



Gatorade Thirst Quencher
Selected Vtys., 28-oz.
3/\$4



Manwich Sloppy Joe Sauce
Original or Thick & Chunky 15 to 15.5-oz.
4/\$5



Hostess Multi-Pack Snack Cakes
Selected Vtys., 8 to 10-ct.
3²⁹



Hunt's Snack Pack Pudding Cups
Selected Vtys., 4-ct.
4/\$5



Folgers Ground Coffee
Selected Vtys., 22.6 to 25.9-oz.
7⁹⁹



General Mills Cheerios or Lucky Charms Cereal
Selected Vtys., 18 to 18.8-oz.
3⁹⁹

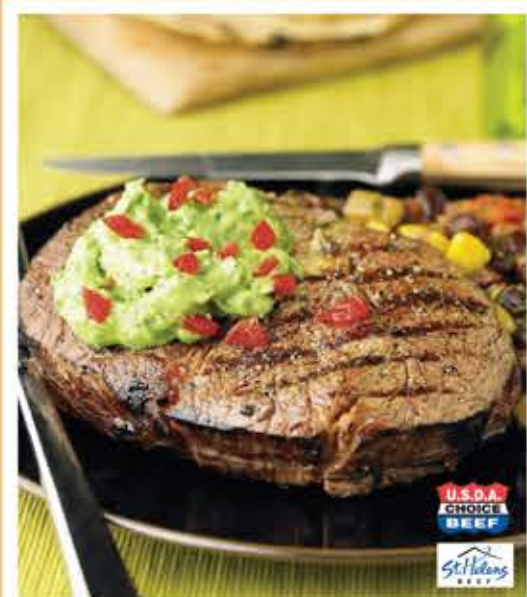


AD DATES EFFECTIVE JULY 12 -18, 2023

FRESH MEATS



 <p>Cosmic Crisp Apples Northwest Grown</p> <p>89¢ lb.</p>	 <p>Golden Ripe Pineapples</p> <p>89¢ lb.</p>
 <p>On The Vine Tomatoes</p> <p>1²⁹ lb.</p>	 <p>Peeled Mini Carrots 1-lb. Package</p> <p>2/\$3</p>
 <p>Russet Potatoes 5-lb. Bag</p> <p>2⁴⁹ ea.</p>	 <p>Zucchini Squash</p> <p>1²⁹ lb.</p>
 <p>D'Anjou Pears Northwest Grown</p> <p>1²⁹ lb.</p>	 <p>Red, Ripe Whole Seedless Watermelon</p> <p>59¢ lb.</p>



Boneless Beef Cross Rib Steak
USDA Choice

4²⁹ lb.



Bone-In Pork Country Style Ribs

2⁹⁹ lb.



Draper Valley Farms Chicken Leg Quarters
Value Pack, Northwest Grown

1⁹⁹ lb.

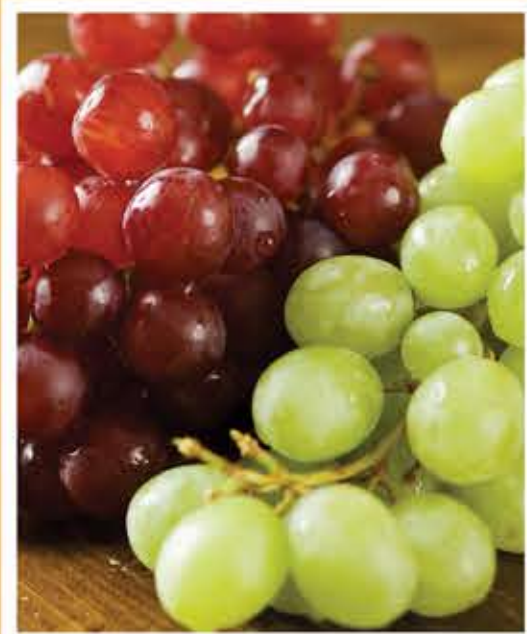
Draper Valley Farms Bone-In Half Chicken Breast Northwest Grown **2⁴⁹ lb.**



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FRESH PRODUCE



Red or Green Seedless Grapes

1⁸⁹ lb.



Extra Large Green Bell Peppers

69¢ ea.



Sweet & Juicy Nectarines

2²⁹ lb.

SATURDAY ONLY
JULY 15, 2023

Crav'n Flavor Cheese Crackers
Selected Vtys., 12.4-oz.

2/\$5



Planters Peanuts
Selected Vtys., 12 to 12.5-oz.

2⁶⁹



Gatorade Thirst Quencher
Selected Vtys., 28-oz.

3/\$4



Manwich Sloppy Joe Sauce
Original or Thick & Chunky
15 to 15.5-oz.

4/\$5



Hostess Multi-Pack Snack Cakes
Selected Vtys., 8 to 10-ct.

3²⁹



Hunt's Snack Pack Pudding Cups
Selected Vtys., 4-ct.

4/\$5



Folgers Ground Coffee
Selected Vtys., 22.6 to 25.9-oz.

7⁹⁹



General Mills Cheerios or Lucky Charms Cereal
Selected Vtys., 18 to 18.8-oz.

3⁹⁹



GROCERY SPECIALS



Doritos or Sun Chips Snacks
Selected Vtys.,
6 to 10.75-oz.

2/\$8



Arizona Tea
Selected Vtys.,
1-gal.

3²⁹



Skippy Family Size Peanut Butter
Creamy or Super Chunky
64-oz.

9²⁹

Hidden Valley The Original Ranch Dressing
Selected Vtys.,
16-oz.



4³⁹

Heinz 57 or A.1. Original Sauce
10 to 20-oz.



6²⁹

Minute or Mahatma Rice
Selected Vtys.,
12 to 32-oz.



2⁶⁹

Old El Paso Traditional Refried Beans or Enchilada Sauce
Selected Vtys.,
10 to 16-oz.



3/\$5

Langers Juice Cocktail
Selected Vtys.,
64-oz.



2⁶⁹

Hunt's Pasta Sauce
Selected Vtys.,
24-oz.



3/\$5

Food Club Squeeze Bear U.S. Grade A Honey
12-oz.



4²⁹

Food Club Marshmallows
16-oz.



1⁵⁹

Betty Crocker Dinosaur Cookie or Unicorn Cupcake Kit
11.6 to 13.9-oz.



5⁴⁹

Planters 100% Pure Peanut Oil
24-oz.



4³⁹

Mom's Best Cereals
Selected Vtys.,
11.5 to 16.5-oz.



2⁸⁹

Mrs. Butterworth's Thick-n-Rich Syrup
Selected Vtys.,
24-oz.



3³⁹

All Free Clear Liquid Laundry Detergent
With Stainlifters
36-oz.



8²⁹

Bounce Outdoor Fresh Dryer Sheets
240-ct.



11⁴⁹

Blue Buffalo Co. Adult Dog Food
Selected Vtys.,
5-lbs.



15³⁹

Fiora 2-Ply Bath Tissue
Regular or Ultra Soft
12-Rolls



5⁶⁹

DAIRY & FROZEN SAVINGS



Tillamook Good & Creamy Yogurt
Selected Vtys.,
6-oz.

79¢



Stouffer's Party Size Lasagna or Enchiladas
Selected Vtys.,
57 to 96-oz., Frozen

16⁹⁹



Kellogg's Eggo Waffles
Selected Vtys.,
29.6-oz., Frozen

6⁵⁹

Food Club Cheese Slices
Selected Vtys.,
7 to 8-oz.



2/\$4

Darigold Milk
Selected Vtys.,
14-oz.



2/\$3

Rosina Celentano Pasta
Selected Vtys.,
19 to 24-oz., Frozen



4⁴⁹

Old Orchard 100% Juice Frozen Concentrate
Selected Vtys.,
12-oz.



3/\$5

Challenge Sea Salted Whipped Butter
8-oz.



2⁹⁹

Darigold Cheese Blocks
Selected Vtys.,
24 to 32-oz.



7³⁹

Banquet Mega Bowls
Selected Vtys.,
13 to 14-oz., Frozen



3³⁹

Marie Callender's Pot Pies
Selected Vtys.,
15-oz., Frozen



3⁸⁹

ADDITIONAL SAVINGS



WHERE YOU SHOP MATTERS

When you shop at Your Northwest stores and see our family of exclusive brands, you can trust that you are buying local, supporting your neighbors and strengthening your community.

At URM, we are proud of being member-owned and being able to say that we have been supporting our communities throughout the Northwest for over 100 years.



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From the Northwest. FOR THE NORTHWEST.

INTRODUCING MERCHANT'S CRAFT CREATED BY A NEARLY CENTURY-OLD NORTHWEST CO-OP.

From our unique regional flavors to our local bottling and distribution networks, we're guided by the desire to create quality products that are rooted in the Northwest community. And because our products are available exclusively at independently owned stores, you'll know you're supporting a local business owner whenever you see the Merchant's Craft brand. And really, what's more Northwest than that?



@merchantscraft

#FindYourNorthwest
MERCHANTSCRAFT.COM

FRESH MEATS



Boneless Beef
Cross Rib Roast
USDA Choice

4²⁹
lb.



Boneless Beef
Flat Iron Steak
USDA Choice

7⁹⁹
lb.



Food Club
100% Beef
Burgers
80% Lean/20% Fat
3-lbs., Frozen

10⁹⁹
ea.



E.J. Poultry
Boneless, Skinless
Chicken Thighs
Southern Grown

3⁴⁹
lb.



Bone-In Pork
Shoulder Steak

2⁹⁹
lb.



Boneless Pork
Tenderloin Roast

3⁴⁹
lb.



Land O'Frost
Premium
Deli Lunchmeat
Selected Vtys.,
10 to 16-oz.

5⁹⁹
ea.



John Morrell
Bacon
Selected Vtys.,
12-oz.

3⁹⁹
ea.



Kretschmar
Off The Bone
Lunchmeat
Selected Vtys.,
8-oz.

4²⁹
ea.



Farmland
Sliced or
Cubed Ham
Selected Vtys.,
1-lb.

4⁹⁹
ea.



Bar-S
Franks
Selected Vtys.,
1-lb.

2²⁹
ea.



Hempler's
Andouille
Smoked Sausage
or Bun Buster
Franks
1-lb.

5⁹⁹
ea.

FRESH PRODUCE



Sweet Red
Italian Onions

1²⁹
lb.



Whole or Sliced
Mushrooms
8-oz. Package

2²⁹
ea.



Sweet & Juicy
Mangos

2/\$3



Fresh Express
Salad Kits
Selected Vtys.,
6.4 to 10.5-oz.

3⁹⁹
ea.



Cal-Organic
Peeled Mini
Rainbow Carrots
12-oz. Package

2²⁹
ea.



Organic
Cucumbers

99¢
ea.



Sweet
Mini Peppers
1-lb. Package

3⁴⁹
ea.



Fresh Express
Premium
Garden Salad
Selected Vtys.,
9 to 11-oz.

3⁸⁹
ea.

Sweet
Red Cherries
Northwest Grown
2⁹⁹
lb.



Fresh Cherry Jubilee

Servings: 8
Ingredients:
1/2 cup sugar
1 tablespoon cornstarch
1/4 cup each water and orange juice
3 cups pitted Northwest fresh sweet cherries
1/2 teaspoon grated orange peel
1/4 cup brandy, optional
1 quart vanilla ice cream
Directions:
Combine sugar and cornstarch. Blend in water and orange juice. Cook and stir until thickened and smooth. Add cherries and orange peel; return to boil and simmer 10 minutes. Gently heat brandy, pour over sauce and flame, if desired. Serve over ice cream.
Recipe and photo © NWCherries.com



Not only do sweet cherries grown in the Northwest taste good, but they are good for you too!

- ✓ Filled With Antioxidants
- ✓ Fat Free
- ✓ Great Source of Vitamin C
- ✓ High in Fiber
- ✓ Cholesterol and Sodium Free
- ✓ Low Glycemic Index of 22
- ✓ A Healthy Snack that Kids Love!
- ✓ 20 Cherries Provides 25mg of Anthocyanins

Nutrition Facts

Amount/Serving	% Daily Value
Serving Size 5-oz. (140 g) 1 cup or about 21 cherries	
Calories 90	
Total Fat 0g	0%
Sat. Fat 0g	0%
Cholesterol 0mg	0%
Sodium 0g	0%
Total Carb. 19g	6%
Dietary Fiber 3g	12%
Sugars 16g	
Protein 1g	
Potassium 270g	
Vitamin A 0%	Vitamin C 10%
Calcium 2%	Fiber 0%

*Percent Daily Values are based on a 1,800-calorie diet.

We reserve the right to limit quantities and to correct pricing errors. No sales to dealers. Not responsible for typographical errors. All items may not be available at all stores. Select images courtesy of BeefItsWhatsForDinner.com.

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