

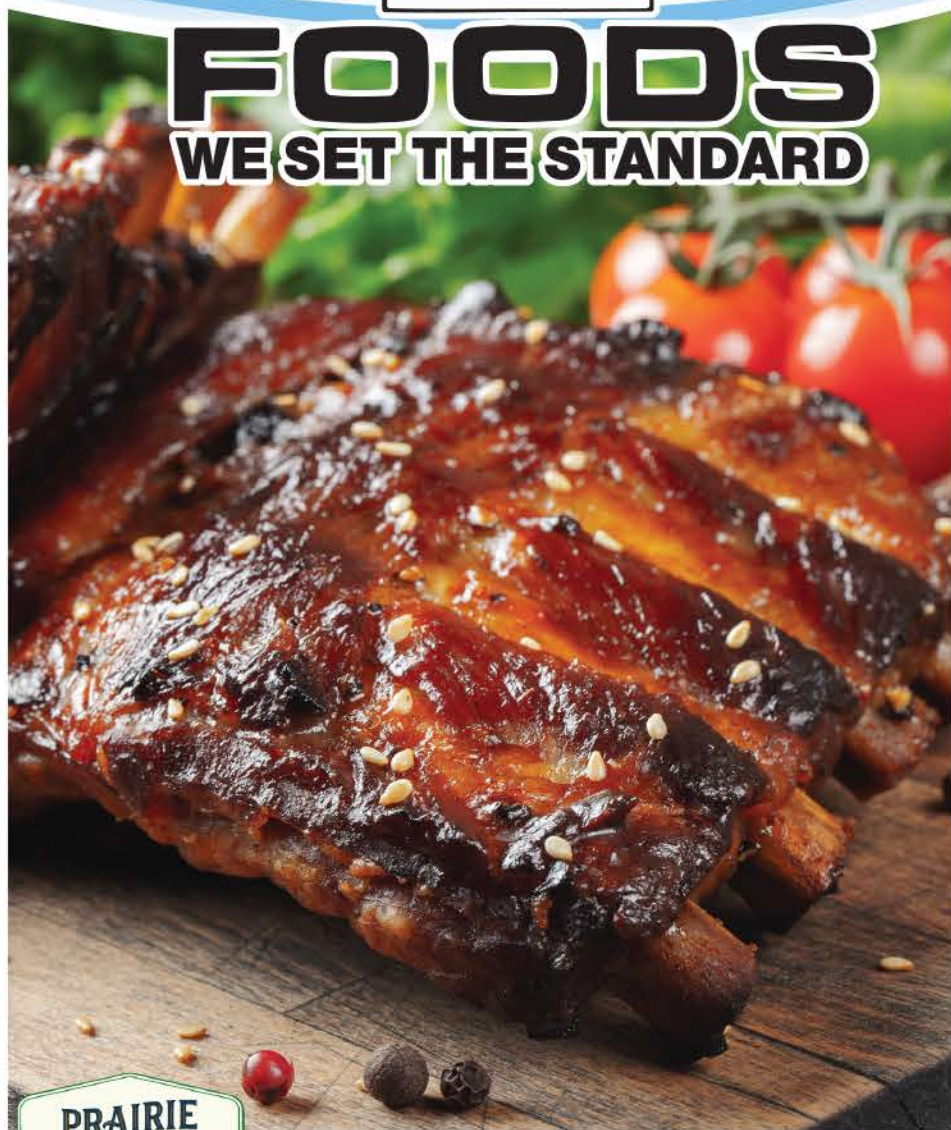
061423 — 062023

SUPER 1

FOODS

WE SET THE STANDARD

Happy
FATHER'S DAY



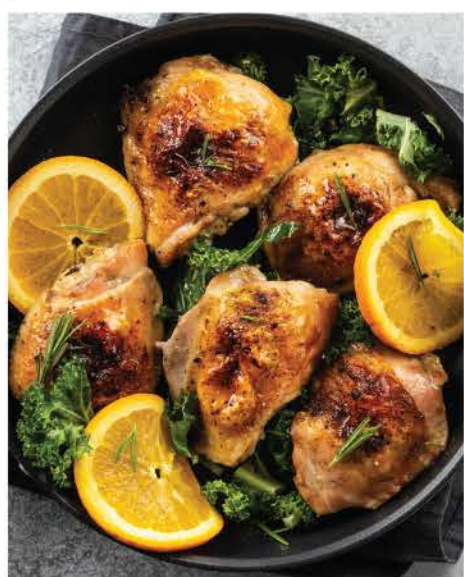
Pork Back Ribs

2.99
lb.



Juicy Strawberries
16-oz.

2/\$4



Fresh Bone-In Chicken Thighs
Value Pack

1.69
lb.



Coors, Miller Lite, Budweiser, Michelob Ultra or Kona Big Wave
Selected Vtys., 18-ct.

16.99



Pepsi Products
Selected Vtys., 6-ct.

3/\$12



BodyArmor SuperDrink
Selected Vtys., 16-oz.

7/\$7



Whole Seedless Watermelon

49¢
lb.



Annie's Pasta & Cheese
Selected Vtys., 6-oz.

2/\$3



Bomb Pop Frozen Novelties
Selected Vtys., 12-ct.

Blue Ribbon Classics Ice Cream
Selected Vtys., 48-oz.

2.99



Doritos Tortilla Chips
Selected Vtys., 6 to 10.75-oz.

2/\$7



Franz Buns or Rolls
Selected Vtys., 6 or 8-ct.

3.49



Kraft Sliced or Shredded Cheese
Selected Vtys., 7 or 8-oz.

2/\$6



Save Time! Shop Online!

www.shopsuper1foods.com

FREE Curbside Pickup! • Delivery now available at select locations!

Visit us on the internet at:
www.super1foods.net

Ad Effective June 14 thru 20, 2023

Prices Good Only At

- | | | | |
|-------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|
| Colville Super 1 Foods 1250 N Highway Colville WA (509) 684-9788 | Ellensburg Super 1 Foods 200 E Mountain View Ellensburg WA (509) 962-7770 | Spokane Super 1 Foods 830 E 29th Spokane WA (509) 455-5122 | Walla Walla Super 1 Foods 710 S 9th Walla Walla WA (509) 525-8790 |
|-------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|

Super Low Prices EVERYDAY



Betty Crocker Suddenly Salad
Selected Vtys., 6.2 to 7.75-oz.

249



Hunt's Tomato Ketchup
20-oz.

149



Folgers Coffee
Selected Vtys., 22.6 or 25.9-oz.

799



Vlasic Pickles
Selected Vtys., 16 or 24-oz.

299



Kinders BBQ Sauce
Selected Vtys., 20.5-oz.

249



Planters Mixed Nuts
10.3-oz. Original or Lightly Salted

499



Betty Crocker Brownie Mix
Selected Vtys., 16 to 10.1-oz.

249



Tillamook Cheese
Selected Vtys., 32-oz.

899



Nestle Coffee Mate Creamer
Selected Vtys., 32-oz.

349



Philadelphia Cream Cheese
Two 8-oz. Packages

599



Tillamook Sour Cream
16-oz. Original or Reduced Fat

199



Florida's Natural Lemonade
Selected Vtys., 59-oz.

249



Stouffer's
• 57-oz. Large Family Size Lasagna with Meat & Sauce or Meat Lovers Lasagna
• 76-oz. Party Size Macaroni & Cheese Frozen

1199



Kingsford Charcoal Briquets
• 12-lbs. Match Light
• 16-lbs. The Original

1099



Solo AnyDay Paper Plates
Selected Vtys., 22 to 48-ct.

299



Viva Paper Towels
6-Big Rolls Multi-Surface or Signature Cloth

799



Bic Multi-Purpose Lighters
2-ct.

799



Good Cook Grilling Accessories
Selected Sizes & Varieties

25% off



Old Spice Body Wash
Selected Vtys., 16 or 18-oz.

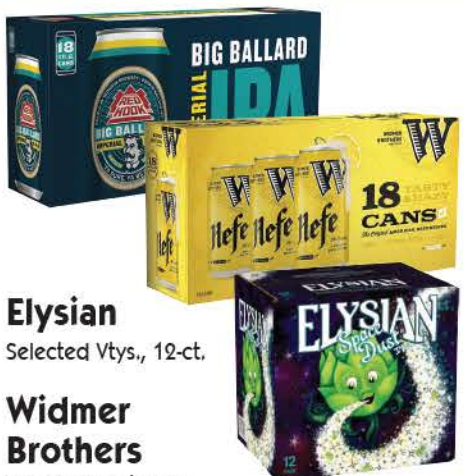
599



5-Piece Mason Jar Drink Dispenser Set

1999

BEVERAGES



Elysian
Selected Vtys., 12-ct.

Widmer Brothers Hefeweizen or Red Hook Big Ballard
18-ct.

1799



Bogle, Clos Du Bois or Latah Creek
Selected Vtys., 750-ml.

999



Coke Products
Selected Vtys., 12-ct.

549

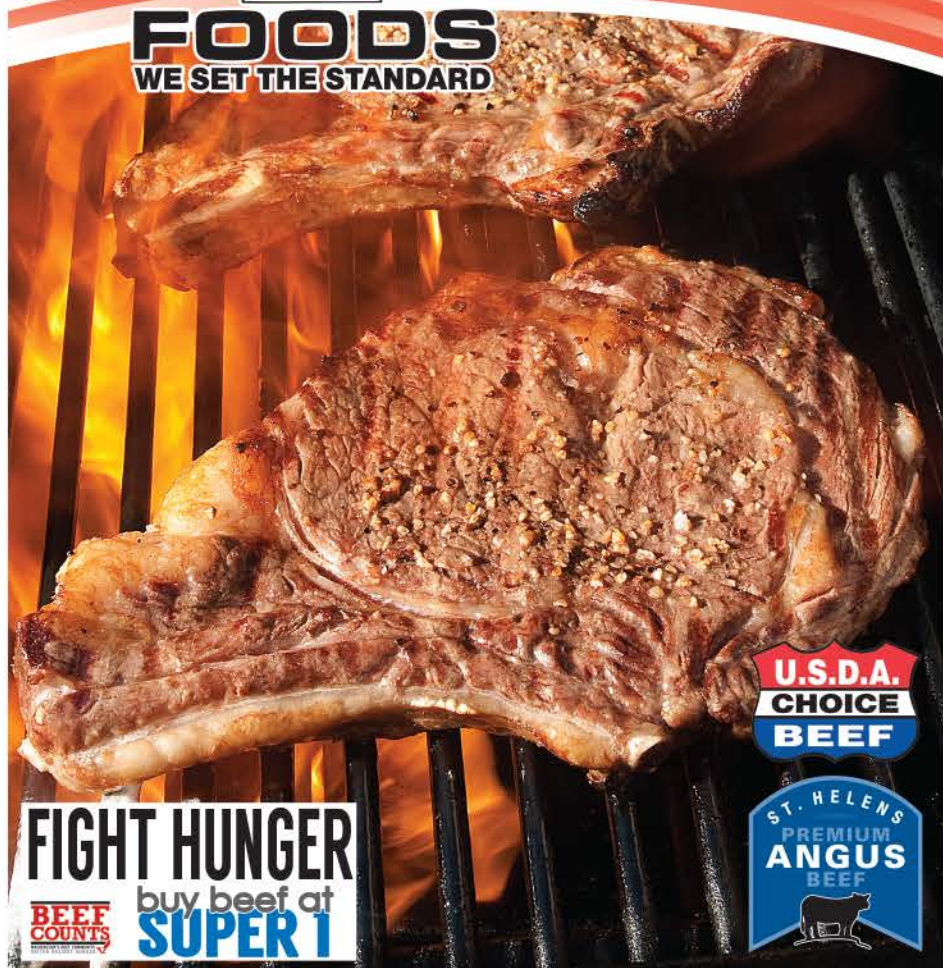


Suntory, Bulleit or Cabo Wabo
Selected Vtys., 750-ml.

3199



WE SET THE STANDARD



U.S.D.A. CHOICE BEEF

ST. HELENS PREMIUM ANGUS BEEF

FIGHT HUNGER
buy beef at **SUPER 1**

USDA Choice Angus Beef Bone-In Rib Steak
Family Pack Only, Limit 2

9.99 lb.

Meat & Seafood



Made fresh in our store!

Beef Kabobs with Vegetables
Available at Our Service Meat Counter!

5.99 lb.

USDA Choice Angus Beef Boneless Bottom Round Roast

4.49 lb.



U.S.D.A. CHOICE BEEF

ST. HELENS PREMIUM ANGUS BEEF



Fresh Alaska Copper River Sockeye Salmon Fillets

Availability Depends on Weather Conditions

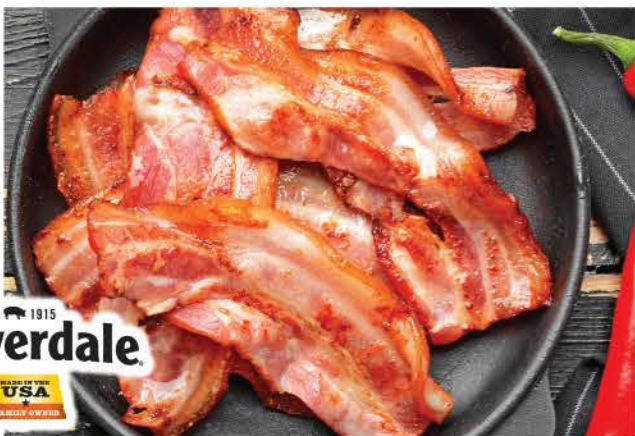
9.99 lb.

Applewood Triple Smoked Thick Sliced Bacon

Available at Our Service Meat Counter!

4.49 lb.

Cloverdale



Never Ever - The True All Natural



- No Antibiotics
- No Hormones

U.S.D.A. CHOICE BEEF

PAKED MEAT NATURAL BEEF

USDA Choice Beef Boneless Sirloin Tip Roast

4.69 lb.



Resers American Classics Sides
Selected Vtys., 16-oz.

2/\$6



Double R Ranch Ground Beef Patties

80% Lean, 20% Fat
16-oz. Package

5.99 ea.



- GMO Free
- No Antibiotics
- Vegetarian Diet
- Air Chilled

Ranger
The Free Range Chicken

Boneless Skinless Chicken Breasts

5.99 lb.

HUCKLEBERRY'S NATURAL MARKET

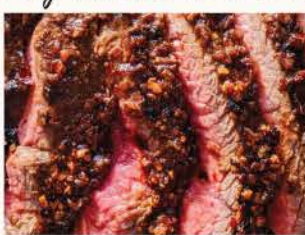
We're a store-within-a-store that offers one-stop shopping for natural & organic grocery!

THE CONDIMENT EVERY FATHER NEEDS!
SPOIL DAD THIS WEEKEND WITH THIS EPIC, CRUNCHY, SPICY FLANK STEAK RECIPE!



Mild or Spicy Chili Seasoning
7-oz.
\$7.99

Bing Crusted Flank Steak



Total: 1.5 hrs Serves 4
Ingredients:
2 pounds flank steak
1/4 cup Mr Bing Chili Crisp, well mixed
2 tablespoons canola oil
2 tablespoons Worcestershire
1 tablespoon balsamic vinegar
1 tablespoon Dijon or spicy brown mustard

Directions

1. Whisk together all of the marinade ingredients until completely combined.
2. Place steak in a flat container just big enough to hold it, pour all of the marinade on top and make sure the meat is completely and evenly coated.
3. Allow the steak to marinate on the counter at room temperature for 1 to 2 hours or in the refrigerator overnight.
4. If the steak is refrigerated overnight, take it out an hour before cooking so it can come to room temperature.
5. When ready to cook, heat a cast iron skillet over medium heat (it is important to not cook the steak on too high of heat or the marinade will burn). Remove the steak from the marinade, being sure to keep as much on as possible.
6. Lightly season the steak with salt, then place directly into the dry skillet.
7. Cook the steak for 5 to 6 minutes on each side for a medium doneness. 1 to 2 minutes less or more per side will result in rare or well done.
8. Allow steak to cool at least 5 minutes before slicing, wait 10 minutes if cooked to well done.
9. Sprinkle sliced beef with some flaky salt, some more Mr Bing if you like it extra spicy, and enjoy!

from mr-bing.com

Farm Fresh PRODUCE



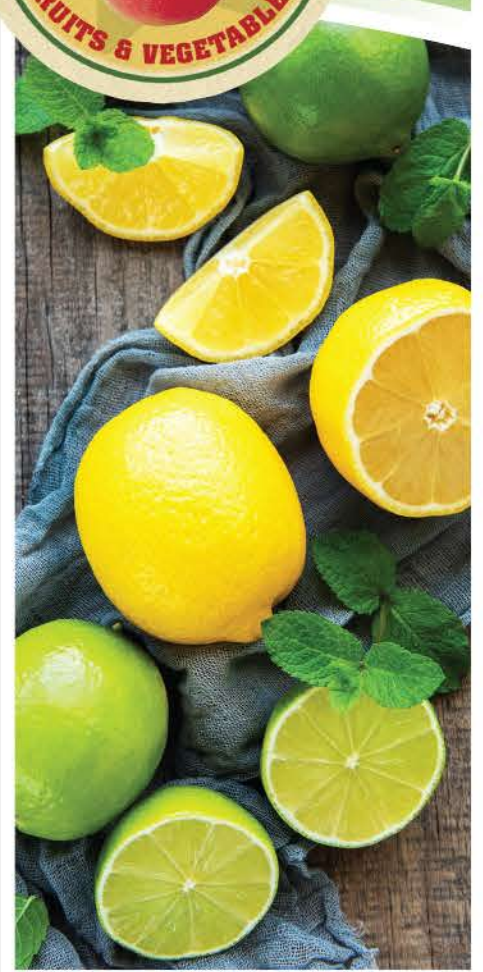
Fresh Corn on the Cob
5/\$5



Iceberg Head Lettuce
2/\$3



Campari On The Vine Tomatoes
16-oz.
3.99 ea.



Large Lemons or Limes
69¢ ea.



Fresh Express Tender Leaf Blends
Selected Vtys., 5-oz.
2/\$7



Organic Girl Salad Mixes
Selected Vtys., 9 or 10-oz.
5.99 ea.



Ready Pac Chopped Salad Kits
Selected Vtys., 9.7 to 12-oz.
2/\$7



Litehouse Dressing
Selected Vtys., 20-oz. Family Size
5.49 ea.

Scratch Bakery



Single Layer German Chocolate Cake
24-oz. Package
11.99



San Francisco Sourdough Bread
16-oz. Package
4.49



Gourmet Iced Brownie Cookies
12-ct., 18-oz. Package
7.99

Floral



Rose & Alstroemeria Bouquet
Selected Vtys.
11.99

Service Deli



Longhorn Barbecue Casino Rib
6.99 lb.



Off the Bone Uncured Ham
9.99 lb.



Provolone Cheese
8.99 lb.



AlstroJewels Alstroemeria
Selected Vtys.
4.99

SUPER

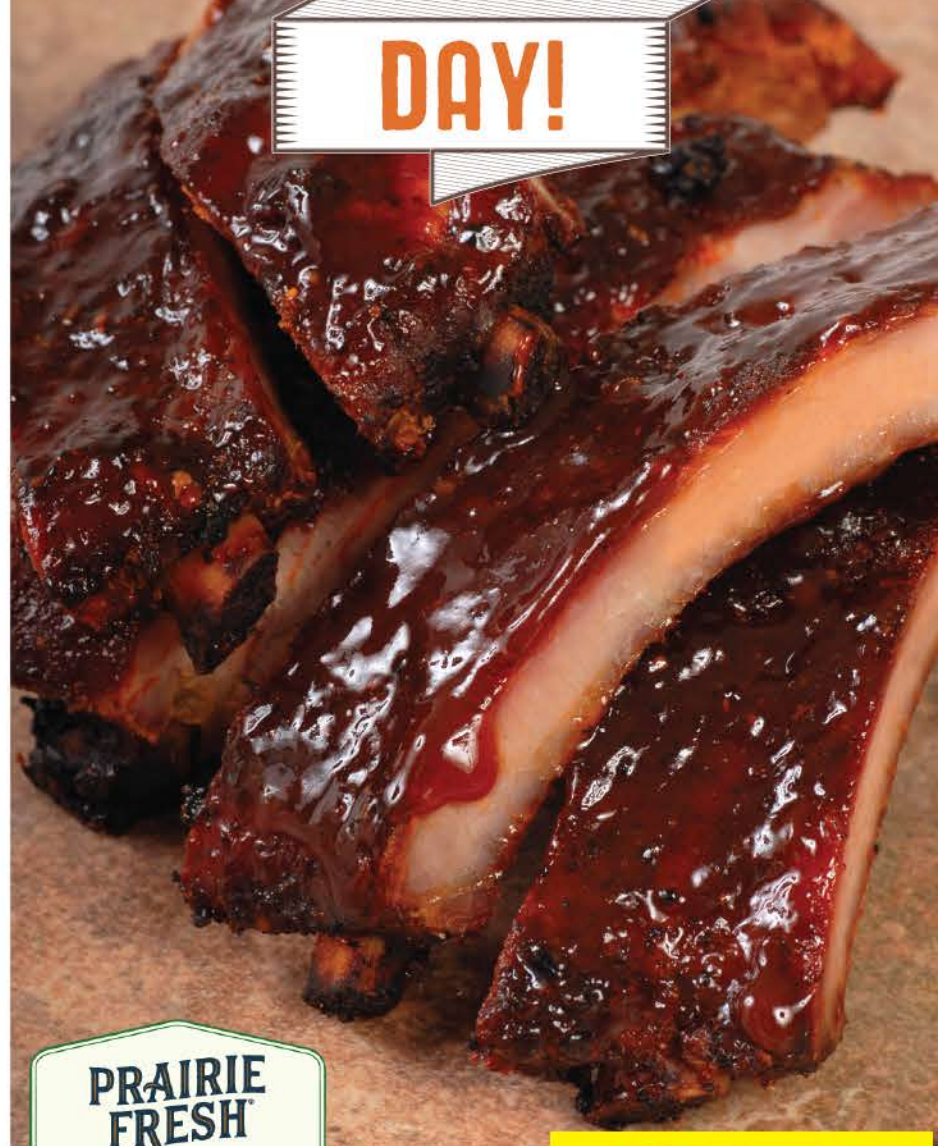
FOODS
WE SET THE STANDARD



Whole Seedless Watermelon

48¢
lb.

HAPPY FATHER'S DAY!



PRAIRIE FRESH NATURAL
MECHANICALLY PROCESSED • NO ARTIFICIAL INGREDIENTS

Prairie Fresh Pork Back Ribs

2.78
lb.



Blue Ribbon Classics Ice Cream

Selected Vtys., 48-oz., Frozen

Bomb Pop Popsicles

Selected Vtys., 12-ct, Frozen



2.98



Budweiser, Coors or Miller 30-Pack Beer

Selected Vtys., 30/12-oz. Can

24.98



Lay's or Popcorners Snacks

Selected Vtys., 4.75 to 8-oz.

2.68



Franz Buns

Selected Vtys., 6 to 8-ct.

3.48



Kraft Sliced or Shredded Cheese

Selected Vtys., 7 to 8-oz.

2.98

**Visit us on the internet at:
www.super1foods.net**

Ad Effective Dates June 14 Thru 20, 2023

Prices Good Only At

Polson Super 1 Foods
50331 US Highway 93 • Polson MT
(406) 883-3764

Super Low Prices Every Day



Betty Crocker Suddenly Pasta Salad
Selected Vtys., 6.2 to 7.75-oz.

1.98



Hunt's Tomato Ketchup
20-oz.

1.28



Folgers Coffee
Selected Vtys., 22.6 to 25.9-oz.

7.98



Vlasic Pickles
Selected Vtys., 16 to 24-oz.

2.98



Kinder's BBQ Sauce
Selected Vtys., 20.5-oz.

2.48



Planters Mixed Nuts
10.3-oz. Original or Lightly Salted

4.98



Betty Crocker Brownie Mix
Selected Vtys., 16 to 19.1-oz.

2.48

★★★★★ Frozen & Dairy Savings ★★★★★



Tillamook Cheese
Selected Vtys., 2-lbs.

7.98



Coffee-mate Coffee Creamer
Selected Vtys., 32-oz.

2.98



Philadelphia Cream Cheese
2/8-oz.

5.98



Tillamook Sour Cream
16-oz. Original or Reduced Fat

1.68



Florida's Natural Lemonade
Selected Vtys., 59-oz.

2.48



Stouffer's Large Family Size Frozen Meals
Selected Vtys., 57 to 76-oz.

10.98

CredenaHealth

Hours:
M-F: 9am to 6pm
Sat: 10am to 4pm
Sun: Closed

Credena Health Pharmacy Lakeshore
50331 US 93
Polson, MT 59860

T: 406-883-0342
F: 406-883-0469

★★★★★ Beverage Specials ★★★★★



Budweiser, Coors or Miller 12-Pack Beer

Selected Vtys., 12/16-oz. Cans

Michelob Ultra 12-Pack Beer
Selected Vtys., 12/12-oz. Bottles

12.98



Bang 12-Pack Hard Tea
Selected Vtys., 12/12-oz. Cans

16.98



Twisted Tea 18-Pack Hard Iced Tea
18/12-oz. Cans Original or Half & Half

21.98

We Set The Standard For Household Essentials Selection



Solo Paper Plates
Selected Vtys., 22 to 48-ct.

2.98



Kingsford Charcoal Briquets
12-lbs. Match Light or 16-lbs. The Original

10.98



Viva Paper Towels
6-Big Choose-A-Sheet Rolls Signature Cloth or Multi-Surface Cloth

7.98



Old Spice Body Wash
Selected Vtys., 16 to 18-oz.

5.98



Mason Jar Products
Selected Vtys., 1 to 6-ct.

5.98



Bic Multi-Purpose Lighter
2-ct.

7.98

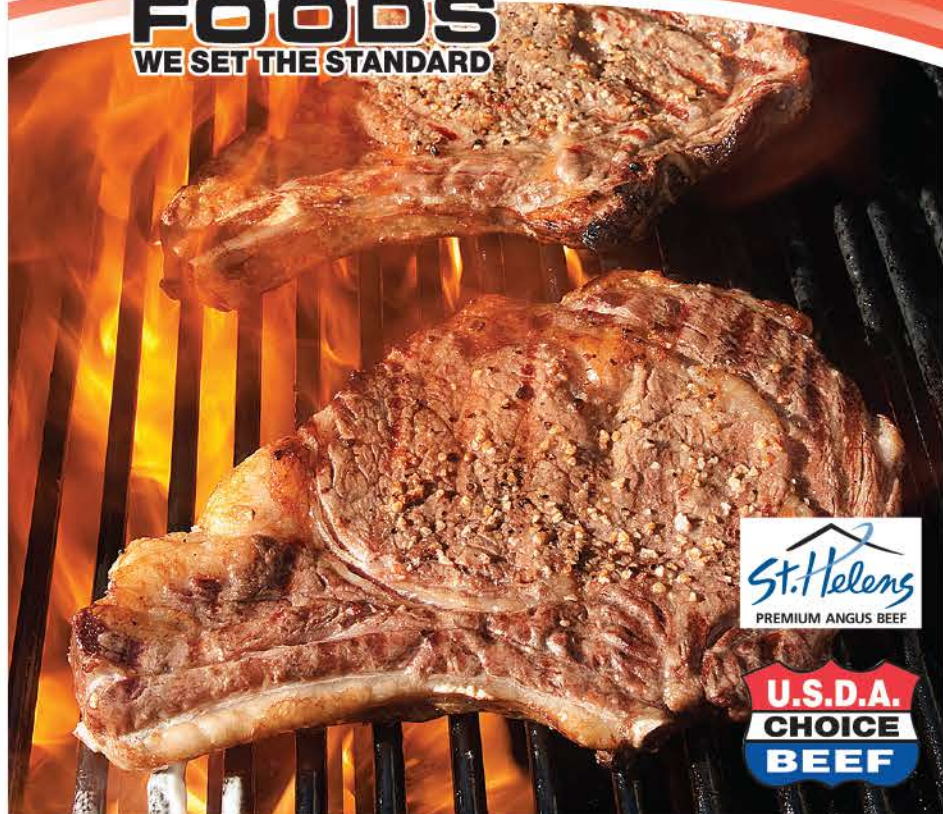


Good Cook or Touch Kitchen Utensils
Selected Vtys., 1-Package

25% OFF



Five Star Fresh Meats



USDA Choice Beef
Bone-In Rib Eye Steak

7.98
lb.



USDA Choice Beef
Boneless Bottom Round Roast

5.98
lb.



Prairie Fresh
Boneless Country Style Pork Ribs

2.98
lb.



Prairie Fresh
Bone-In Pork Country Style Ribs

2.68
lb.



Fresh Alaska Copper River Sockeye Salmon Fillet
Availability Depends On Weather Conditions

9.98
lb.

Double R Ranch Fresh Ground Beef Patties
80% Lean, 20% Fat Wagyu Blend
16-oz.

5.98
ea.



Never Ever - The True All Natural

- No Hormones
- No Antibiotics



Painted Hills
USDA Choice Beef
Boneless Sirloin Tip Roast

5.98
lb.

- Antibiotic Free
- Vegetarian Diet • GMO Free
- Air Chilled



Ranger Free Range Boneless Skinless Chicken Breasts

5.98
lb.

Nathan's Beef Franks
Selected Vtys., 10 to 12-oz.

3.98
ea.



Farmland Smoked Bacon
Selected Vtys., 16-oz.

4.98
ea.



Armour Pepperoni
4-oz. Turkey or 5-oz. Original



2/\$5

Farm Fresh Produce



Great for Grilling!

Fresh Pineapple

2.98 ea.



6-oz. Package

Fresh Picked Raspberries or Blueberries

6-oz. Package

2/\$5



Fresh Sweet Corn

5/\$3



Large, Premium U.S. #1 Baker Potatoes

Washington Grown

98¢ lb.



Fuji Apples

Washington Grown

1.28 lb.



8-oz. Package

Fresh Whole or Sliced Mushrooms

8-oz. Package

1.98 ea.



Taylor Farms Salad Kits

Selected Vtys., 8.1 to 11.4-oz.

3.98 ea.

★ ★ ★ ★ ★ Fresh Bakery Specials ★ ★ ★ ★ ★



Bakery Fresh French Dinner Rolls

6-ct., 15-oz. Package

1.98



Bakery Fresh Single-Layer German Chocolate Cake

8-Inch, 24-oz. Package

8.98



Two-Bite Coconut Macaroons

10-oz. Package

4.88

★ ★ ★ ★ ★ Fresh Deli Savings ★ ★ ★ ★ ★



Boar's Head Low Sodium Roast Beef

13.48 lb.



Boar's Head Horseradish Cheddar Cheese

7.98 lb.



Smoked Sausage

6.48 lb.