

030624 — 031224

# 1 SUPER

## FOODS

WE SET THE STANDARD



White or Crimini Mushrooms  
**3.99** lb.



**USDA Choice Angus Beef Boneless Sirloin Tip Steak**  
Family Pack Only, Limit 2 Packages

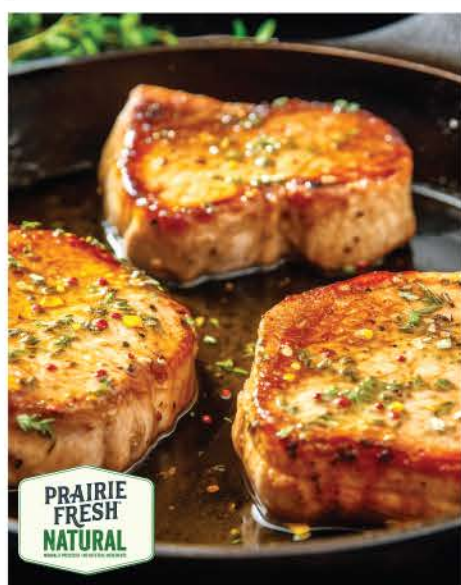
**3.99** lb.

We know **LOW!**  
Let the Savings Begin!



**Russet Potatoes**  
5-lb. Bag

**99¢** ea.



**Boneless Pork Loin Chops**  
Family Pack Only  
Limit 2 Packages

**2.99** lb.



**Bud Light Seltzer, Truly or White Claw**  
Selected Vtys., 12-ct.

**16.99**



**Coke Products**  
Selected Vtys., 6-ct.

**3 | \$12**



**French Bread**

**1.99**



**FritoLay Snacks**  
Selected Vtys.,  
8.125 to 17-oz. Party Size

**3.99**



**Stouffer's or Lean Cuisine Frozen Entrees**  
Selected Vtys., 8 to 12.8-oz.

**2 | \$6**



**Kellogg's Cereal**  
Selected Vtys., 8.7 to 18-oz.

**2 | \$7**



**Yoplait Yogurt**  
Selected Vtys., 6-oz.

**10 | \$5**



**Save Time! Shop Online!**  
[www.shopsuper1foods.com](http://www.shopsuper1foods.com)

**FREE Curbside Pickup! • Delivery now available at select locations!**

**Visit us on the internet at:**  
[www.super1foods.net](http://www.super1foods.net)

Ad Effective March 6 thru 12, 2024

**Prices Good Only At**

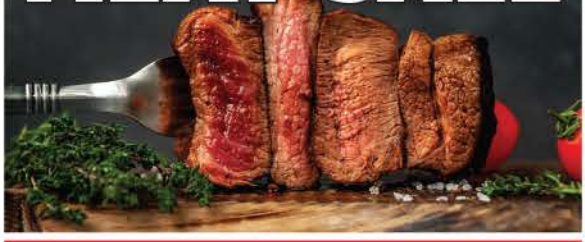
**Colville Super 1 Foods**  
1250 N Highway  
Colville WA  
(509) 684-9788

**Ellensburg Super 1 Foods**  
200 E Mountain View  
Ellensburg WA  
(509) 962-7770

**Spokane Super 1 Foods**  
830 E 29th  
Spokane WA  
(509) 455-5122

**Walla Walla Super 1 Foods**  
710 S 9th  
Walla Walla WA  
(509) 525-8790

# 12 Hour MEAT SALE

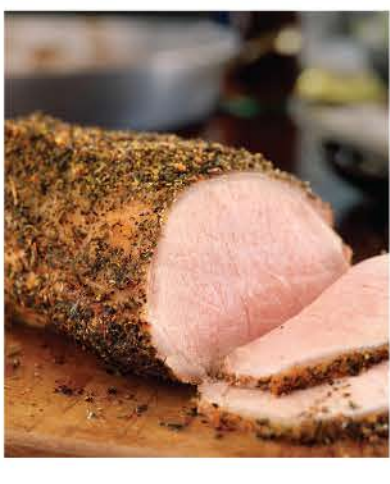
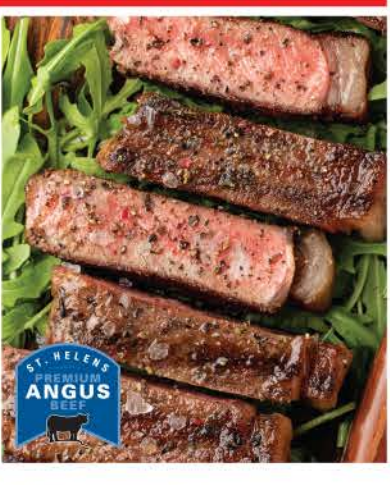


THURSDAY ONLY! • MARCH 7, 2024  
8AM - 8PM • WHILE SUPPLIES LAST!

**USDA  
Choice  
Angus  
Beef  
Boneless  
New York  
Steak**

Family Pack Only  
Limit 2 Packages

**798**  
lb.



**Boneless  
Pork Loin  
Roast**

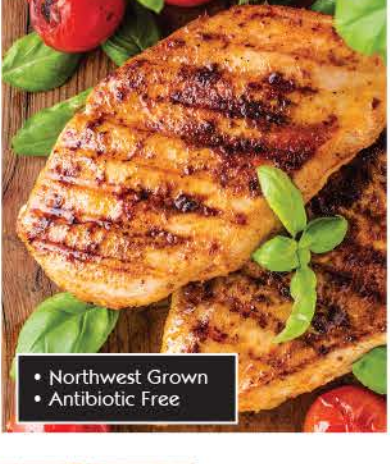
**198**  
lb.



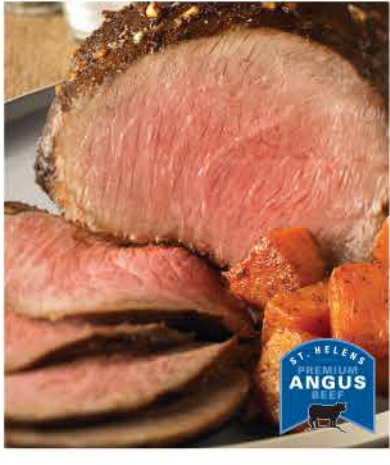
**Boneless  
Skinless  
Chicken  
Breasts**

Value Pack

**349**  
lb.



• Northwest Grown  
• Antibiotic Free



**USDA  
Choice  
Angus Beef  
Boneless  
Sirloin Tip  
Roast**



**359**  
lb.

**Key West  
Raw  
Shrimp**  
40/60-ct.  
Shell-On

**599**  
lb.



**Pork  
Back Ribs**

**299**  
lb.

**Smithfield  
Bacon**

12-oz.  
Thick Cut or  
Hometown  
Original

**2 | \$6**



# 12 Hour MEAT SALE



**THURSDAY ONLY! • MARCH 7, 2024**

**8AM - 8PM • WHILE SUPPLIES LAST!**



## Prairie Fresh Signature Pork Loin Filets

Selected Vtys.  
27.2-oz.

**4.99**  
ea.

## Jennie • O Seasoned Marinated Turkey Breast Tenderloin

Selected Vtys.  
24-oz.

**5.99**  
ea.



## St. Helens Ground Beef

85% Lean, 15% Fat  
Three 16-oz. Packages!

**11.99**  
ea.



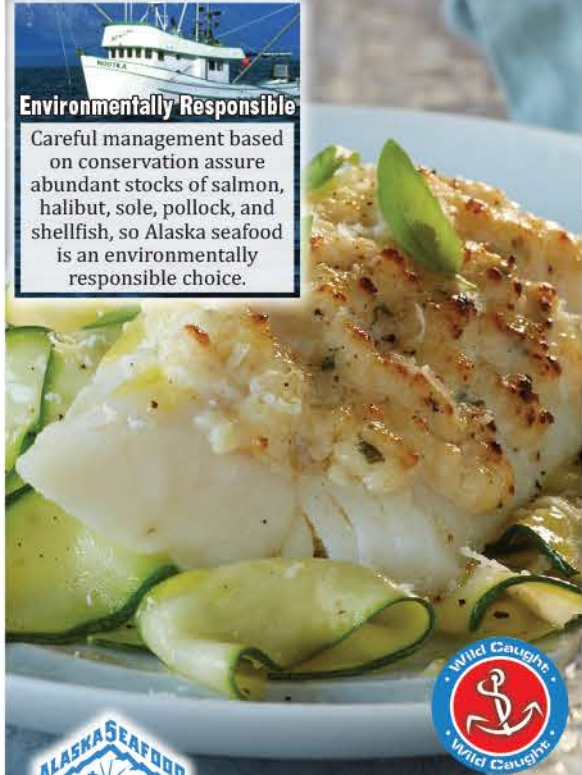
## Jennie • O Bone-In Turkey Breast

Frozen

**1.99**  
lb.

## Environmentally Responsible

Careful management based on conservation assure abundant stocks of salmon, halibut, sole, pollock, and shellfish, so Alaska seafood is an environmentally responsible choice.



Wild, Natural & Sustainable®

## Alaska Cod Fillets

**5.99**  
lb.

### Alaska Cod Parmesan with Zucchini Noodles

Preparation Time: 15 minutes • Cook Time: 20 minutes • Servings: 4

- 2 medium zucchini (about 5 to 6 oz. each), sliced thinly on mandolin or with a peeler
- 1 TBSP unsalted butter
- 1 tsp olive oil
- Salt and pepper, to taste
- 1/4 cup freshly grated Parmesan cheese
- 1-1/2 TBSP mayonnaise
- 1 tsp lemon juice
- 1/8 tsp dried basil
- 1/8 tsp dried oregano
- 1/8 tsp onion powder
- 4 Alaska Cod Fillets (4 to 6 oz. each)
- 2 TBSP shredded Parmesan cheese, divided

In a nonstick skillet, sauté zucchini slices in butter and oil just until soft. Add salt and pepper, to taste. Keep warm.

Heat oven to broil setting. Mix 1/4 cup grated Parmesan cheese, mayonnaise, lemon juice, basil, oregano and onion powder together. Add salt and pepper, to taste. Divide and spread topping onto the top of each fillet.

Place fillets on foil-lined broiler pan. Broil 5 to 7 inches from broiler element for 3 minutes, or until top is browned and bubbly.

Reduce heat to 300°F and continue to cook an additional 3 to 5 minutes. Cook just until fish is opaque throughout.

To serve, place 1/4 of zucchini on each plate. Top with a cod fillet and garnish with 1/2 tablespoon shredded cheese.

# Super Low Prices EVERYDAY



**Betty Crocker Hamburger or Tuna Helper**

Selected Vtys., 5.3 to 7.6-oz.

**3/\$5**



**Duncan Hines Cake or Brownie Mix**

Selected Vtys., 15.25 to 18.3-oz.

**1.89**



**Capri Sun Juice Drinks**

Selected Vtys., 10-ct.

**2/\$6**



**Clamato Tomato Cocktail**

Selected Vtys., 64-oz.

**4.49**



**Minute White Rice**

42-oz.

**4.99**



**Heinz Condiments**

Selected Vtys., 16.5 to 20.2-oz.

**4.99**



**Red Vines Candy**

Selected Vtys., 12 or 14-oz.

**2.99**



**Darigold Organic or Fit Milk**

Selected Vtys., 59-oz.

**2/\$7**



**Wild Mike's**

• 18-oz. Stuffed Crust Cheezy Bites  
• 40.25 to 42.43-oz. Super Sized Pizza  
Frozen

**6.99**



**Darigold Sour Cream**

24-oz.

**2.49**



**Tillamook Farmstyle Thick Cut Cheese**

Selected Vtys., 12-oz.

**4.49**



**Rhodes Frozen Rolls**

Selected Vtys., 19 or 36.5-oz.

**4.99**



**Morning Star Farms Frozen Plant-Based Entrees**

Selected Vtys., 5.25 to 12-oz.

**3.99**



**Cascade Dishwasher Detergent**

• 27-ct. Actionpacs  
• 75-oz. Liquid or Powder  
Selected Vtys.

**6.99**



**Ziploc Bags**

Selected Vtys., 14 to 24-ct.

**3.99**



**Purex Laundry Detergent**

Selected Vtys., 75-oz. Liquid

**6.99**



**Simply Done Paper Towels**

6-Big Rolls  
Simple Size Select

**4.99**



**Energizer Max Batteries**

Selected Vtys., 2 to 8-ct.

**8.99**



**Olay Daily Moisturizer**

4-oz. Original or Sensitive

**8.99**

**Olay Body Wash**

Selected Vtys., 22-oz.

**5.99**



**Flonase Allergy Relief**

60-Sprays

**15.99**



**Advil Pain Reliever**

Selected Vtys., 18 to 24-ct.

**4.29**



## BEVERAGES



**Snapple Products**

Selected Vtys., 6-ct.

**4.99**



**Brick West, Hop Valley or No-Li**

Selected Vtys., 6-ct.

**8.99**



**Browne, Intrinsic or Ferrari Carano**

750-ml.

**16.99**



**Crown Royal Cocktails**

Selected Vtys., 4-ct.

**8.99**



**FOODS**  
WE SET THE STANDARD

# Meat & Seafood



**Whole Chicken**  
Northwest Grown, Antibiotic Free

**1.29**  
lb.



Made fresh  
in our store!

**Boneless Country Style  
Marinated Pork Ribs**

**3.49**  
lb.

**Grill Ready  
Gourmet  
Beef Patties**

Selected Vtys.

Available at Our  
Service Meat Counter

**3.99**  
lb.



Made fresh  
in our store!



**Alaska  
Halibut Fillets**

5-oz. Portion

Availability Depends on  
Weather Conditions



**10.99**  
ea.



**Jennie-O  
Fresh  
Ground Turkey**

Selected Vtys., 16-oz.

**3.99**  
ea.



**Eckrich  
Smoked  
Sausage Links**

Selected Vtys., 13 or 14-oz.

**2/\$5**



**Oscar Mayer  
Original Wieners**

16-oz.

**2/\$4**



**Food Club  
100% Beef Burgers**

12-ct., Frozen  
80% Lean, 20% Fat

**9.99**  
ea.

**Never Ever - The True All Natural**



No Antibiotics  
No Hormones

**USDA Choice  
Beef  
London Broil**

Cut from Top Round

**5.49**  
lb.



Northwest Grown  
GMO Free  
Air Chilled



**Chicken  
Drumsticks**

**2.49**  
lb.

**HUCKLEBERRY'S**  
NATURAL ★ MARKET

**PLANT-BASED SNACKING!**



**Cookies**  
Selected Varieties, 9.5 to 12-oz.  
**\$4.99**



**Crackers**  
Selected Varieties, 5.5 to 8.5-oz.  
**\$3.99**



**Granola**  
Selected Varieties, 11-oz.  
**\$4.99**



**Jumbo Cashews**  
9-oz.  
**\$7.99**

ORGANIC SUSTAINABLE NATURAL PLANT-BASED

# Farm Fresh PRODUCE



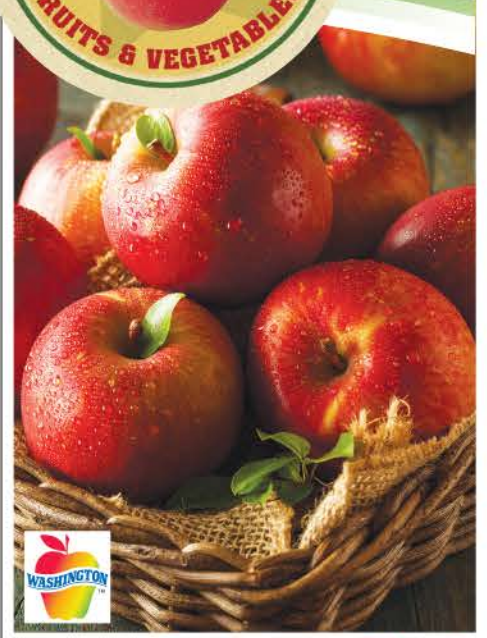
**Local Bounti Baby Leaf Leafy Greens**  
Selected Vtys., 4.5-oz. **2.99 ea.**



**Fancy Navel Oranges** **1.49 lb.**



**Sweet Onions** Pacific Northwest **79¢ lb.**



**Fuji Apples** Washington **1.49 lb.**



**Sweet Grape Tomatoes** 10-oz. **2.99 ea.**



**Broccoli Crowns** **1.49 lb.**



**Litehouse Salad Dressing** Selected Vtys., 20-oz. **5.99 ea.**



**Fresh Blackberries** 6-oz. **2.99 ea.**

## ORGANIC



**Organic Pineapple** **3.99 ea.**



**Organic Romaine Hearts** 3-ct. Package **3.99 ea.**

## Floral



**4-Inch Hathaway Foliage Collection** Selected Vtys. **9.99**



**You Go Girl Bouquet for International Women's Day** **12.99**

## Scratch Bakery



**Applesauce Cake Donuts** 8-ct. **6.99**



**Gourmet Chocolate Chip Cookies** 12-ct. **7.99**



**Sliced Loaf Cake** Selected Vtys. **3.99**

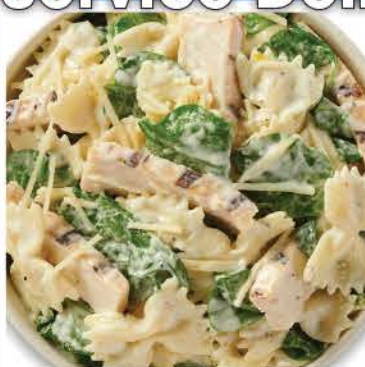
## Service Deli



**Whole Rotisserie Chicken** **8.99 ea.**



**Dietz & Watson Oven Classic Turkey Breast** **11.99 lb.**



**Stonemill Kitchens Chicken Caesar Bowtie Salad** **5.99 lb.**



**Galbani Marinated Fresh Mozzarella** 12-oz. Spicy Pepper or Garlic, Onion & Chives **7.99 ea.**



**Castello Danish Blue Cheese** 4.4-oz. Extra Creamy or Traditional **5.99 ea.**

# 1 SUPER

**FOODS**  
WE SET THE STANDARD



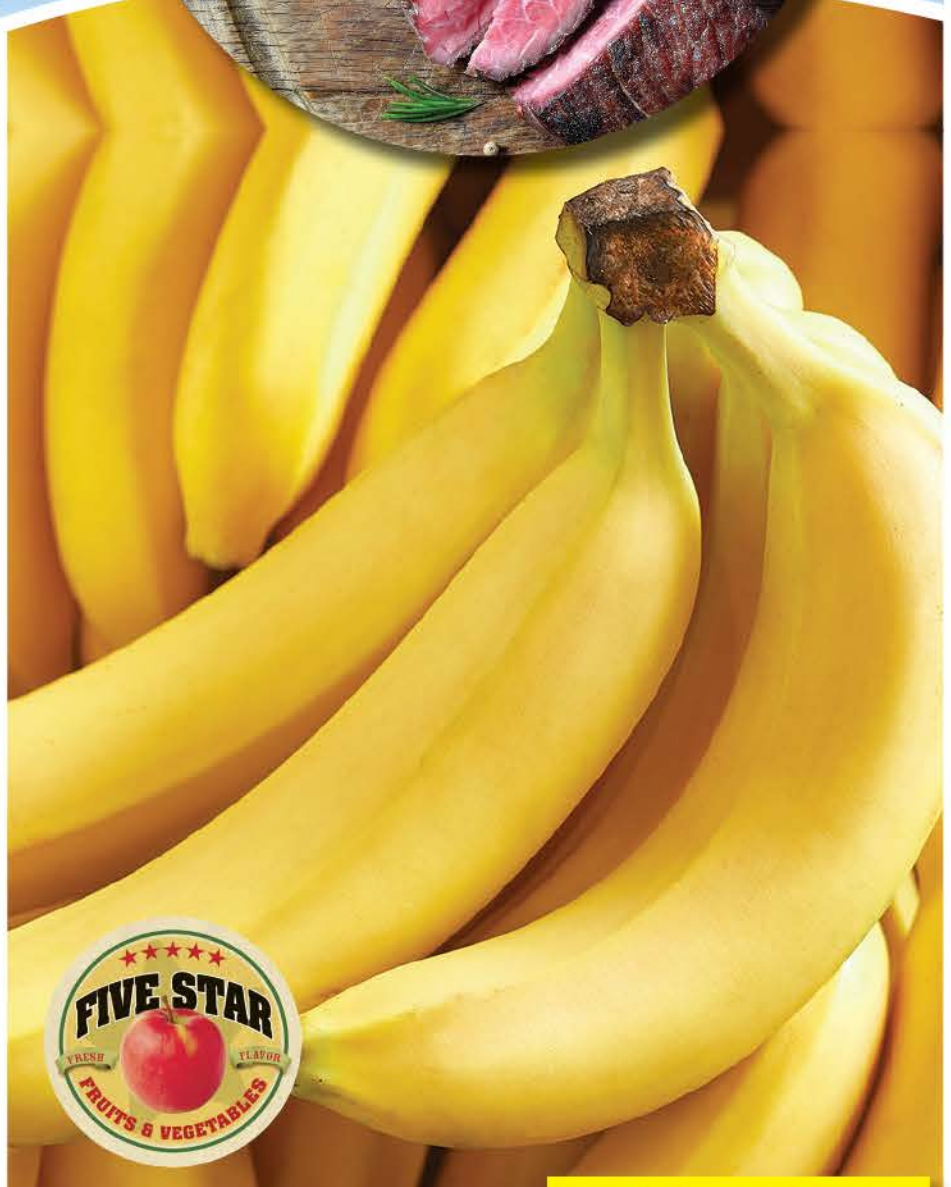
## Ground Beef

80% Lean, 20% Fat  
Made Fresh In-Store

**3.98**  
lb.



**12-HOUR Meat Sale!**  
Thursday • March 7, 2024  
8 AM – 8 PM



**48¢**  
lb.



## Lean Cuisine or Stouffer's Frozen Meals

Selected Vtys., 8 to 12.8-oz.

**2/\$6**



## Doritos or PopCorners Snacks

Selected Vtys., 6 to 10.75-oz.

**2.98**



## Western Farms White or Wheat Bread

20-oz. Loaf

**1.48**



## Kellogg's Cereal

Selected Vtys., 8.7 to 16.6-oz.

**3.48**



## Yoplait Yogurt

Selected Vtys., 6-oz.

**48¢**

**Visit us on the internet at:**  
[www.super1foods.net](http://www.super1foods.net)  
Ad Effective Dates March 6 Thru 12, 2024

**Prices Good Only At**  
**Polson Super 1 Foods**  
50331 US Highway 93 • Polson MT  
(406) 883-3764



# **1** SUPER FOODS

WE SET THE STANDARD

# 12-HOUR MEGA MEAT SALE

THURSDAY, MARCH 7, 2024 • 8AM - 8PM ONLY

THURSDAY  
ONLY!  
8 AM - 8 PM

THURSDAY  
ONLY!  
8 AM - 8 PM



**PRAIRIE FRESH NATURAL**

**Prairie Fresh Boneless Pork Loin Roast**

**1.98 lb.**



**St. Helens PREMIUM ANGUS BEEF**

**U.S.D.A. CHOICE BEEF**

**USDA Choice Angus Beef Boneless New York Steak**

**7.98 lb.**

THURSDAY  
ONLY!  
8 AM - 8 PM

THURSDAY  
ONLY!  
8 AM - 8 PM



**St. Helens PREMIUM ANGUS BEEF**

**U.S.D.A. CHOICE BEEF**

**USDA Choice Angus Beef Boneless Sirloin Tip Roast**

**3.98 lb.**



**BIG BUY BACON**

**HARDWOOD SMOKED**

**Daily's Big Buy Bacon**

**16-oz.**

**2/\$5**

Visit us on the internet at:  
[www.super1foods.net](http://www.super1foods.net)  
Ad Effective March 7, 2024 • 8 AM - 8 PM

Prices Good Only At  
**Polson Super 1 Foods**  
50331 US Highway 93 • Polson MT  
(406) 883-3764



# 1 SUPER FOODS

WE SET THE STANDARD

# 12-HOUR MEGA MEAT SALE

THURSDAY, MARCH 7, 2024 • 8AM - 8PM ONLY

THURSDAY ONLY!  
8 AM - 8 PM



**Prairie Fresh**  
BONE-IN PORK  
SHOULDER ROAST

**1.98**  
lb.

THURSDAY ONLY!  
8 AM - 8 PM



**Prairie Fresh**  
SEASONED & MARINATED  
PORK LOIN FILET

Selected Vtys., 27.2-oz.

**4.98**  
ea.

THURSDAY ONLY!  
8 AM - 8 PM



**Jennie-O**  
SEASONED & MARINATED  
TURKEY TENDERLOINS

Selected Vtys., 24-oz.

**5.98**  
ea.

THURSDAY ONLY!  
8 AM - 8 PM



**Jennie-O**  
BONE-IN  
TURKEY BREAST

Frozen

**1.98**  
lb.

THURSDAY ONLY!  
8 AM - 8 PM



**Prairie Fresh**  
NATURAL  
BABY BACK  
PORK RIBS

**2.98**  
lb.

THURSDAY ONLY!  
8 AM - 8 PM



**DRAPER VALLEY FARM'S**  
BONELESS, SKINLESS  
CHICKEN BREASTS

- Antibiotic Free
- Northwest Grown

**3.48**  
lb.

THURSDAY ONLY!  
8 AM - 8 PM



**Wild Caught**  
U.S.A. KEY WEST  
RAW SHELL-ON  
SHRIMP

40/60-ct.

**5.98**  
ea.

THURSDAY ONLY!  
8 AM - 8 PM



**ARMOUR**  
HICKORY SMOKED  
SUMMER SAUSAGE

20-oz.

**4.98**  
ea.

THURSDAY ONLY!  
8 AM - 8 PM



**Chicken**  
TENDERS

**6.98**  
lb.

THURSDAY ONLY!  
8 AM - 8 PM



**Bakery Fresh**  
SAN FRANCISCO  
SOURDOUGH BREAD

16-oz. Loaf

**2.28**

THURSDAY ONLY!  
8 AM - 8 PM



**Food Club**  
SWEET CREAM  
BUTTER

1-lb. Quarters,  
Salted or Unsalted  
First 2 Please, All Others  
At Everyday Low Price

**2.48**  
ea.

THURSDAY ONLY!  
8 AM - 8 PM



**Fresh Cut**  
BROCCOLI  
CROWNS

**98¢**  
lb.

THURSDAY, MARCH 7, 2024 • 8AM - 8PM ONLY

# Super Low Prices Every Day



**Betty Crocker  
Hamburger or  
Tuna Helper**  
Selected Vtys., 5.5 to 7.6-oz.

**3/\$5**



**Duncan Hines  
Cake or Brownie Mix**  
Selected Vtys.,  
15.25 to 18.3-oz.

**1.88**



**CapriSun  
Juice Drinks**  
Selected Vtys., 10-ct.

**2/\$6**



**Clamato  
Tomato  
Cocktail**  
Selected Vtys.,  
64-oz.

**4.48**



**Minute  
White Rice**  
42-oz.

**4.98**



**Heinz  
Saucy Sauce**  
Selected Vtys.,  
16.5 to 20.2-oz.

**4.98**



**RedVines  
Candy**  
Selected Vtys.,  
12 to 14-oz.

**2.98**

## ★ ★ Dairy Savings ★ ★



**Darigold  
Organic or  
Fit Milk**  
Selected Vtys.,  
59-oz.

**3.48**



**Northwest  
Organic**  
Selected Vtys.,  
59-oz.

**3.48**

## ★ ★ Frozen Savings ★ ★



**Wild Mike's  
Super Sized  
Ultimate Pizza  
or Stuffed Crust  
Cheezy Bites**  
Selected Vtys.,  
18 to 42.43-oz., Frozen

**5.98**



**Darigold  
Sour Cream**  
24-oz.

**2.48**



**Tillamook  
Cheese Slices**  
Selected Vtys.,  
12-ct.

**3.98**



**Rhodes  
Bake N Serv  
Dessert Rolls**  
Selected Vtys.,  
19 to 36.5-oz.,  
Frozen

**4.98**



**Morning Star  
Farms  
Meat  
Substitute**  
Selected Vtys.,  
5.25 to 12-oz.,  
Frozen

**3.98**

**CredenaHealth**

**Hours:**  
M-F: 9am to 6pm  
Sat: 10am to 4pm  
Sun: Closed

Credena Health  
Pharmacy Lakeshore  
50331 US 93  
Polson, MT 59860

T: 406-883-0342  
F: 406-883-0469

## ★ ★ ★ ★ Beverage Specials ★ ★ ★ ★



**Coors, Budweiser  
or Miller Lite  
18-Pack Beer**  
Selected Vtys.,  
18/12-oz. Bottles or Cans

**17.98**



**Truly, White Claw, Beast,  
Arizona Sun Rise  
or Jack Daniel's  
12-Pack  
Hard Seltzer**  
Selected Vtys.,  
12/12-oz. Cans

**16.98**



**Clos Du Bois  
Wine**  
Selected Vtys.,  
750-ml.

**9.98**

## We Set The Standard For Household Essentials Selection



**Cascade  
Complete  
Dishwasher  
Detergent**  
Selected Vtys.,  
75-oz. Gel or Powder  
or 27-ct. Pacs

**6.98**



**Ziploc  
Food Storage  
Bags**  
Selected Vtys.,  
14 to 24-ct.

**3.98**



**Purex  
Laundry  
Detergent**  
Selected Vtys.,  
75-oz. Liquid

**6.98**



**Simply Done  
Absorbent  
Paper Towels**  
6-Big Rolls

**4.28**



**Energizer  
Max  
Batteries**  
Selected Vtys.,  
2 to 8-ct.

**8.98**



**Olay  
Body Wash**  
Selected Vtys.,  
22-oz.

**5.98**



**Flonase  
Sensimist  
Allergy Relief**  
60-ct.  
Metered Sprays

**15.98**



**Advil  
Ibuprofen  
Pain Reliever/  
Fever Reducer**  
Selected Vtys.,  
18 to 24-ct.

**4.28**



# Five Star Fresh Meats



**Prairie Fresh Boneless Pork Loin Chops**

**2.98**  
lb.



• Northwest Grown  
• Antibiotic Free

**Draper Valley Farms Whole Chicken**

**98¢**  
lb.

**USDA Choice Angus Beef Boneless Sirloin Tip Steak**



**4.48**  
lb.



**Alaska Halibut Fillets**

5-oz. Portion  
Availability Depends On Weather Conditions

**9.98**  
ea.



**Prairie Fresh Bone-In Pork Steak**



**2.98**  
lb.



## Never Ever - The True All Natural



**Painted Hills USDA Choice Beef London Broil**  
Cut from Top Round

**5.48**  
lb.



[www.paintedhillsnaturalbeef.com](http://www.paintedhillsnaturalbeef.com)

**Oscar Mayer Uncured Wieners**

16-oz. Original

**2.98**  
ea.



• Northwest Grown  
• GMO Free

**Roxie Organic Chicken Drumsticks**

**2.48**  
lb.



**Smithfield Prime Fresh Delicatessen Lunch Meat**

Selected Vtys., 7 to 8-oz.

**3.98**  
ea.



**Food Club 100% Beef Burger Patties**

12-ct., 3-lb. Package, Frozen



**9.98**  
ea.

# Farm Fresh Produce



**Fresh Packed Cello Head Lettuce**

**1.48**  
ea.



6-oz. Cup

**Fresh Picked Blackberries, Blueberries or Raspberries**  
6-oz. Cup

**2/\$6**



**Fresh Packed Artichokes**

**1.98**  
ea.



**Fresh Crisp Celery**

**98¢**  
lb.



**Fresh Bunched Radishes or Green Onions**

**88¢**  
ea.



**New Crop D'Anjou Pears**

**1.88**  
lb.



**Litehouse Salad Dressing & Dip**  
Selected Vtys., 20-oz.

**3.98**  
ea.

## ★ ★ ★ ★ ★ Fresh Bakery Specials ★ ★ ★ ★ ★



**Bakery Fresh Cinnamon Pull-A-Parts**  
19-oz. Package

**4.78**



**Chuckanut Bay Cheesecake**  
Selected Vtys., 3.5-oz.

**3.48**



**Two-Bite Coconut Macarons**  
10-oz. Package

**4.88**

## ★ ★ ★ ★ ★ Fresh Deli Savings ★ ★ ★ ★ ★



**Boar's Head Everroast Chicken Breasts**

**9.78**  
lb.



**Boar's Head Dill Havarti Cheese**

**8.68**  
lb.



**RESER'S FINE FOODS Coleslaw**

**2.98**  
lb.