

1 SUPER FOODS
WE SET THE STANDARD

month-long
SAVINGS GUIDE



California
 Pizza Kitchen
 or DiGiorno
Frozen Pizza
 Selected Vtys.,
 13.4 to 31.5-oz., Frozen

5.98

Effective:
01/03/24 - 01/30/24

Discover tons of great savings on every page and throughout the store!

Pack Your Pantry

Malt-O-Meal
Cereal
Selected Vtys.,
21 to 30-oz.

3⁹⁸



Yuban or Gëvalia
Coffee
Selected Vtys.,
12-oz. or 12-ct.
**EVERYDAY
LOW
PRICE**



Grain Berry
Cereal
Selected Vtys.,
12 to 16-oz.
4⁴⁸



Post
Cereal
Selected Vtys.,
13 to 20.5-oz.
4⁹⁸



Funables
Fruit Snacks
Selected Vtys.,
10-ct.
2⁶⁸



Cream Of The West
**7-Grain
Hot Cereal**
18-oz. Original
or Organic
4⁴⁸



Post
Cereal
Selected Vtys.,
11 to 16.6-oz.
3⁹⁸



Country Kitchen
Pancake Syrup
36-oz. Original
or Butter Flavor
2⁹⁸



Victor Allen
Coffee
Selected Vtys.,
10 to 12-oz.
or 12-ct.
4⁹⁸



Country Time
or Tang
Drink Mix
Selected Vtys.,
19 to 20-oz.
**EVERYDAY
LOW
PRICE**



Sue Bee
Clover Honey
Selected Vtys.,
12 to 80-oz.
25% OFF
regular retail price



Caffe Capri
**Ground
Coffee**
Selected Vtys.,
12-oz.
6⁹⁸



Mio or Country Time
**Liquid
Water Enhancer**
Selected Vtys.,
1.62-oz.
**EVERYDAY
LOW
PRICE**



Crystal Light
Drink Mix
Selected Vtys.,
6 to 10-ct.
On-The-Go
**EVERYDAY
LOW
PRICE**



Pack Your Pantry

Stagg Chili With Beans
Selected Vtys.,
15-oz.

2.28



Taste of Tuscany Pasta Sauce
Selected Vtys.,
25-oz.

2.98



Filippo Berio Olive Oil
16.9-oz. Extra Virgin or Extra Light Tasting

10.98



Filippo Berio Olive Oil
25.3-oz. Extra Virgin or Extra Light Tasting

12.98



La Choy Sliced Water Chestnuts
8-oz.

1.48



La Choy Asian Style Products
Selected Vtys.,
5 to 14-oz.

1.98



Newman's Own Salad Dressing
Selected Vtys.,
16-oz.

3.98



La Choy Chow Mein Noodles
12-oz.

2.18



La Choy Beef or Chicken Chow Mein
42-oz.

6.28



Cracker Barrel Macaroni & Cheese Dinner
Selected Vtys.,
14-oz.

4.28



Shake 'N Bake Seasoned Coating Mix
Selected Vtys.,
4.5 to 6-oz.

3.98



Cascade All-Purpose Organic Flour
5-lbs.

5.98



Kraft Mac & Cheese
8-ct. Cups
Original Flavor or Velveeta

9.98



Pack Your Pantry

Hunt's Pasta Sauce

Selected Vtys.,
24-oz.

1.68



Kraft
Salad Dressing
Selected Vtys.,
16-oz.

**EVERYDAY
LOW
PRICE**



Bull's Eye
BBQ Sauce
Selected Vtys.,
18-oz.

2.28



Heinz
57 Sauce
10-oz.

4.98



Heinz
Tomato
Ketchup
20-oz.

3.28



Heinz
Saucy Sauce
Selected Vtys.,
15.5 to 20.2-oz.

**EVERYDAY
LOW
PRICE**



Heinz
Yellow
Mustard
20-oz.

2.48



Gulden's
Spicy Brown
Mustard
12-oz.

1.98



Ro•Tel
Diced Tomatoes
& Green Chilies
Selected Vtys.,
10-oz.

1.88



Ortega
Crunchy
Taco Shells
Selected Vtys.,
10 to 12-ct.

1.98



Kraft
BBQ Sauce
Selected Vtys.,
18-oz.

**EVERYDAY
LOW
PRICE**



Hormel
Chili
With Beans
15-oz.

2.28



Taco Bell
Refried
Beans
16-oz. Original

1.68



Stock Your Freezer

Healthy Choice
Frozen Meal
Selected Vtys.,
9.5 to 11-oz.

3.48



Birds Eye
Steamfresh
Frozen
Vegetables
Selected Vtys.,
6 to 10.8-oz.

2.98



Birds Eye Steamfresh
Broccoli Cuts
or Super
Sweet Corn
Selected Vtys.,
10 to 10.8-oz., Frozen

1.98



Healthy Choice
Power Bowls
Frozen Meals
Selected Vtys.,
9.25 to 9.75-oz.

4.98



Devour
Frozen Meals
Selected Vtys.,
9 to 12-oz.

3.68



Ore-Ida
Bagel Bites
Pizza Snacks!
9-ct.
Cheese & Pepperoni
or Cheese, Sausage
& Pepperoni, Frozen

2.68



Enjoy Fresh Dairy Deals

Reddi Wip
Dairy Whipped
Topping
6.5-oz. Original
or Extra Creamy

3.98



Ore•Ida
Just Crack an Egg
Scramble Kit
Selected Vtys.,
2.3 to 3-oz.

2.68



Smart Balance
Spread
13-oz. Extra Virgin
Olive Oil or
15-oz. Original

4.48



Blue Bonnet
Vegetable Oil
Spread
16-oz.

1.68



Blue Bonnet
Vegetable Oil
Spread
45-oz.

3.98



Philadelphia
Cheesecake
Desserts
Selected Vtys.,
2-ct.

3.98





WHERE YOU SHOP MATTERS

When you shop at Your Northwest stores and see our family of exclusive brands, you can trust that you are buying local, supporting your neighbors and strengthening your community.

At URM, we are proud of being member-owned and being able to say that we have been supporting our communities throughout the Northwest for over 100 years.



Stock Your Freezer

Ore-Ida
Frozen Potatoes
 Selected Vtys.,
 19 to 32-oz.

**EVERYDAY
 LOW
 PRICE**



Kraft
 Deluxe
 Homestyle
 Macaroni
 & Cheese
 Selected Vtys.,
 12-oz., Frozen
348

Mr. Dell's
Hash Browns
 Selected Vtys.,
 24 to 32-oz.,
 Frozen

3⁹⁸



Van De Kamp's
Seafood Entrees
 Selected Vtys.,
 19 to 24.6-oz.

6⁹⁸



Hungry-Man
Frozen Meals
 Selected Vtys.,
 14 to 16-oz.

3⁹⁸



Birds Eye Voila!
Frozen Skillet Meals
 21-oz. Alfredo or
 Garlic Chicken

5⁹⁸



Banquet
Fruit or Pot Pie
 Selected Vtys.,
 7-oz., Frozen

1¹⁸



Birds Eye C&W
Frozen Vegetables
 Selected Vtys.,
 13 to 16-oz.

2⁹⁸



Green Giant
Vegetable Entrées
 Selected Vtys.,
 8-oz., Frozen

1⁶⁸



Green Giant
Vegetable Entrées
 Selected Vtys.,
 10-oz., Frozen

2⁹⁸



P.F. Chang's
Frozen Meal For Two
 Selected Vtys.,
 22-oz.

8⁹⁸



Bertolli
Frozen Meal For Two
 Selected Vtys.,
 22-oz.

8⁹⁸



Marie Callender's
Frozen Pot Pie
 Selected Vtys.,
 15-oz.

3⁹⁸



Banquet
Bowl or Family Size Meals
 Selected Vtys.,
 13 to 27-oz., Frozen

3⁹⁸



Marie Callender's
Frozen Meals
 Selected Vtys.,
 10.5 to 14-oz.

4⁴⁸



Marie Callender's
Meal for Two
 Selected Vtys.,
 27 to 31-oz., Frozen

6⁴⁸



Look & Feel Your Best

Nature's Blend Dietary Supplements

Selected Vtys., 30 to 120-ct.

50% OFF
regular retail price



Old Spice Hair Care Selected Vtys., 2.22 to 21.9-oz. **7⁹⁸**

Airborne Immune Support Dietary Supplement Selected Vtys., 10 to 32-ct. **5⁹⁸**

ChapStick Total Hydration Lip Care Selected Vtys., 12-oz.

3²⁸



Viactiv Calcium Plus Dietary Supplement 60-ct. Milk Chocolate or Caramel

7⁹⁸



Robitussin Cough + Chest Congestion Relief

Selected Vtys., 8-oz.

10⁹⁸



Emergen-C Dietary Supplement

Selected Vtys., 30 to 45-ct.

11⁹⁸



Mucinex Multi-Symptom Relief

Selected Vtys., 6-oz. or 20-ct.

15⁹⁸



Cortizone • 10 Itch Relief Creme

Selected Vtys., 1-oz.

5⁹⁸



Cold-Eeze Cold Relief 25-ct. Lozenges Natural Cherry Flavor

10⁹⁸



Gas-X Gas Relief

18-ct. Chewable Tablets Cherry or Peppermint Creme

4³⁸



Oral-B Glide Dental Floss

54.6-Yards Original or Mint

3⁹⁸



Aquafresh Toothpaste 5.6-oz. Cool Mint

2/\$5



Scope Mouthwash

Selected Vtys., 33.8-oz.

5⁹⁸



Icy Hot Pain Relief

Selected Vtys., 1.25 to 2.7-oz. or 5-ct.

25% OFF
regular retail price



Gold Bond Moisturizing Lotion

Selected Vtys., 2 to 14-oz.

9⁹⁸



Biofreeze Pain Relief

Selected Vtys., 2.5 to 3-oz.

9⁹⁸



Look & Feel Your Best

TRESemmé Hair Styling Products

Selected Vtys.,
8 to 11-oz.

5⁹⁸



Old Spice
2 In 1
Shampoo &
Conditioner
Selected Vtys.,
13.5-oz.
5⁹⁸

Playtex
Living Gloves
Selected Vtys.,
1-Pair
2⁹⁸

Dove Antiperspirant Spray

Selected Vtys.,
3.8-oz.

7⁹⁸



Dove Anti-Perspirant/Deodorant

Selected Vtys.,
2.6-oz.

3⁹⁸



CeraVe Skin Care

Selected Vtys.,
.5 to 16-oz.

25% OFF
regular retail price



Bic Razors

Selected Vtys.,
3 to 7-ct.

5⁹⁸



Dove Hair Care

Selected Vtys.,
1.75 to 5-oz.

5⁹⁸



O• Cedar Playtex Handsaver Gloves

Selected Vtys.,
1-Pair

1⁹⁸



Conair or Scünci Hair Styling Accessories

Selected Vtys.,
1 to 12-ct.

25% OFF
regular retail price



Vaseline Body Lotion

10-oz. Essential Healing
or Aloe Soothe

3⁹⁸



GE Light Bulbs

Selected Vtys.,
1 to 2-ct.

25% OFF
regular retail price



Bic Office Supplies

Selected Vtys.,
1 to 10-ct.

25% OFF
regular retail price



Scripto Aim'n Flame Multi-Purpose Lighter

Selected Vtys.,
1-ct.

5⁹⁸



O• Cedar Cleaning Products

Selected Vtys.,
1-Package

25% OFF
regular retail price



Simply Done Windshield Wash Fluid

128-oz.

4⁹⁸



Melitta Coffee Filters

Selected Vtys.,
80 to 100-ct.

3⁹⁸



10 Save On Everyday Essentials

Viva or Cottonelle
Paper Towels
or Bath Tissue

Selected Vtys., 6-Rolls

8⁹⁸



All with Stainlifters
Liquid Laundry
Detergent

Selected Vtys.,
36-oz.

7⁹⁸



All with Stainlifters
Laundry
Detergent

Selected Vtys.,
16-ct. Pacs

8⁹⁸



Mr. Clean
Cleaning
Products

Selected Vtys.,
16 to 45-oz.
or 2 to 3-ct.

20% OFF
regular retail price



Ajax
Dishwashing
Liquid

Selected Vtys.,
28-oz.

2⁸⁸



Irish Spring
Bar Soap

Selected Vtys.,
3/3.75-oz.

3⁴⁸



Febreze
Air Refresher

Selected Vtys.,
8.8-oz.

2⁹⁸



Persil
Laundry
Detergent

Selected Vtys.,
100-oz. Liquid
or 38 to 40-ct.

16⁹⁸



Luv's
Diapers

Selected Vtys.,
25 to 40-ct.

6⁹⁸



Supreme Source
Grain-Free
Dog Food

Selected Vtys.,
22-lbs

39⁹⁸



Ziploc
Food Storage
Bags

Selected Vtys.,
28 to 48-ct.

6⁴⁸



Reynolds Wrap
Aluminum
Foil

1-Roll, 200-Sq. Ft.

12⁹⁸



Beggar Dog
Dog Biscuits

16-oz. Original Recipe
or Gobbled Up

3⁸⁸



Blue
Life Protection
Formula
Dog Food

Selected Vtys., 5-lbs.

18⁹⁸



Blue
Life Protection
Formula
Dog Food

Selected Vtys., 5-lbs.

16⁹⁸



Snack Time

M&M/Mars
Candy
Selected Vtys.,
1-Package

98¢



Skittles
Party Size
Candy
50-oz.
10⁹⁸

M&M's
Party Size
Candy
Selected Vtys.,
34 to 38-oz.

12⁹⁸



Hershey's
King Size
Candy
Selected Vtys.,
1-Package

1⁹⁸



Imperial Nuts
Whole Cashews
or Deluxe
Mixed Nuts
8-oz., Salted

4⁹⁸



Jolly Time
Microwave
Popcorn
Selected Vtys.,
3-ct.

2⁹⁸



Hershey's
Party Size
Candy
Selected Vtys.,
33.36 to 35.9-oz.

12⁹⁸



Storck
Candy
Selected Vtys.,
2.75 to 5.5-oz.

2⁹⁸



Hershey's
Share Size
Candy
Selected Vtys.,
5.1 to 10.8-oz.

4⁹⁸



Planters
Cocktail
Peanuts
Selected Vtys.,
16-oz.

**EVERYDAY
LOW
PRICE**



Orville
Redenbacher's
Popcorn
Kernels
30-oz.

6²⁸



Orville
Redenbacher's
Microwave
Popcorn
Selected Vtys., 6-ct.

4⁹⁸



5-Hour Energy
Dietary
Supplements
Selected Vtys.,
1.93-oz.

1⁹⁸



Quest
Protein Bar
Selected Vtys.,
1.1 to 2.12-oz.

**25%
OFF**
regular retail price



Robert Irvine's
Fit Crunch
Protein
Baked Bar
Selected Vtys.,
1.62-oz.

2/\$3



Mentos
Fruit or Mint
Chewy Candy
Selected Vtys.,
1.32-oz.

98¢



Valentine Savings

Hershey's Valentine Candy

Selected Vtys.,
7.5 to 10.1-oz.

4.98

RedVines
Cinnamon Spice
Twists
4-oz.

2/\$3

Dove Valentine Chocolate Candy

Selected Vtys.,
7.94 to 8.87-oz.

5.98



Ferrera
Valentine Candy
Selected Vtys.,
11 to 12-oz.
2.98

Ferrera Share Pouch Candy

Selected Vtys.,
3 to 3.4-oz.

1.98



Lindt Lindor Chocolate Candy

Selected Vtys.,
15.2-oz.

12.98



SweetTarts Candy Ropes

Selected Vtys.,
9-oz.

2.98



Brach's Tiny Conversation Hearts Candy

1-oz.

88¢



Andes Valentine Candy

4.67-oz.

2.98



Brown & Haley Valentine Box Heart Candy

Selected Vtys.,
3.3-oz.

4.98



R. L. Alberts Chocolate Rose

Selected Vtys.,
.53-oz.

2/\$3



Charms Valentine Candy or Cards

Selected Vtys.,
1.39 to 2-oz. or 10-ct.

1.28



Ferrera Candy

Selected Vtys.,
8 to 12-oz.

3.98



R. L. Alberts Chocolate Rose Bouquet

Selected Vtys.,
1.69-oz.

5.98



MONTANA
Columbia Falls, Hamilton,
Helena, Great Falls,
Kalispell (2 Locations),
Polson, Stevensville, Whitefish

IDAHO
Athol, Bonners Ferry,
Coeur d'Alene, Hayden Lake,
Oldtown, Post Falls,
Rathdrum, Sandpoint

WASHINGTON
Colville, Ellensburg,
Spokane,
Walla Walla

We Gladly
Accept



Prices May Be Lower Due To Changing Market Conditions.
Not All Products Available At All Stores.